



# QUESTIONS TO ASK YOUR PRIMARY CARE PHYSICIAN ABOUT BLADDER CANCER

If you are concerned that you or a loved one might have bladder cancer, you should find out for sure either way. Early diagnosis provides the best chance of preserving the bladder.

Here are some questions and key pieces of information you should discuss with your healthcare professional to get started on the right path for your situation.

## Am I at risk for bladder cancer?

Share this information with your doctor.

Race \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_

- |  |  |
|--|--|
| <input type="checkbox"/> A tobacco smoker  | <input type="checkbox"/> A former tobacco smoker   |
| <input type="checkbox"/> Chronic bladder inflammation  | <input type="checkbox"/> Family history of bladder cancer  |
| <input type="checkbox"/> Pelvic radiation  | <input type="checkbox"/> Drugs used to treat other cancers (e.g., Use of Cytosan/cyclophosphamide) |
| <input type="checkbox"/> Work(ed) as a hairdresser   | <input type="checkbox"/> Work(ed) as a painter   |
| <input type="checkbox"/> Work(ed) around petroleum   | <input type="checkbox"/> Exposure to dyes, diesel, or exhaust                                      |
| <input type="checkbox"/> Exposure to chemicals used in: making rubber, leather, printing materials, textiles or paint products |  |

## Is my symptom a sign of bladder cancer?

Record and share this information with your healthcare professional.

How many times have you observed blood in your urine in the last week? \_\_\_\_\_

When did you first see blood in your urine? \_\_\_\_\_

Approximately how much blood was there?  Only a little  A good amount  A lot

When did you last see blood in your urine? \_\_\_\_\_

Approximately how much blood was there?  Only a little  A good amount  A lot

How often are you seeing blood in your urine?  Occasionally  Often  Every time

## How will you test for bladder cancer?

Your primary care doctor may use one or more of these tests to assess the likelihood of your having bladder cancer.

- Urine cytology test (you provide a urine sample, which gets tested for abnormal cells)
- Ultrasound examination

## Should I get checked by a urologist who specializes in bladder cancer?

Depending on the results of your tests, your doctor may refer you to a Urologist.

If that is the case, download our Questions for Your Urologist Guide.

**Use the space below to note any additional questions you would like to discuss at your next appointment.**

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